

ALL Travelers Entering Massachusetts



You are urged to self-quarantine and monitor your health for **14** days as the state works to stem the spread of COVID-19.

Healthcare, Public Health, Public Safety and Transportation workers are exempt from this requirement.

Symptoms of COVID-19

- Fever (100.4° F/38° C or higher)
- Cough
- Shortness of breath

If you have symptoms:

- Call ahead before you go to a doctor's office or emergency room.
- Tell the doctor about your recent travel and your symptoms.
- Avoid contact with others.

YOUR COMPLIANCE IS EXPECTED